



# ECTOPIC MURMURS

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## Remembering, celebrating one magnificent Class!

ROLANDO C CASIS MD<sup>65</sup>

As we celebrate our Class<sup>65</sup> Golden Jubilee, allow me to take you along a memory lane that originates some fifty years ago in the Philippines. As we rewind the past, we could visualize



ROLANDO C CASIS MD

ourselves as a bunch of young and ambitious students striving to be the best medical doctors that we wanted to become.

My recollection of a medical student's life remains vivid through all these years, and hope that you, too, will be happy to reminisce your own experiences through my musings in this article.

Our celebration this year is tantamount to opening a jewelry box containing a pearl that symbolizes our individual memoir. Whenever we imagine opening the box, the pearl will shine brightly before our eyes and, like a time machine, it will take us back to where we were during our lean years of working arduously and burning our midnight candles in order to achieve the acme of our efforts to obtain a medical degree. Our

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## CHAIRMAN's Message

We are just a few weeks away from the 36<sup>th</sup> annual FEUDNRSMF scientific convention and reunion! Once again, I invite all of our alumni to join us at Caesar's Palace Las Vegas, Nevada, for a week of festivities, celebrating



OSCAR C TUAZON MD

the anniversary of graduation from our beloved school. I hope to see everyone in Las Vegas on July 8-11, 2015. To encourage everyone to attend, we will be keeping registration open through the end of the event.

As many of you know, the annual scientific convention and reunion serves as our primary fund raising event for the year. In order to meet our goals of growing our endowment fund and increasing our contributions to our alma mater, we hope you will come support the Alumni Foundation by attending this year's scientific convention and reunion next month. I especially encourage our young alumni to attend and participate in all of the festivities!

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## PRESIDENT'S Message

All are in order for our 2015 annual reunion and scientific convention at Caesar's Palace, Las Vegas on July 8-11, 2015.

To date there are three hundred registrants for both the continuing medical education meetings and the *Filipiniana* and grand dinner dance.

The venues for all the functions will be held in the Promenade Caesar's Palace located in the second floor. *continue to page 18*



MANUEL M MALICAY MD

## FROM THE HOME FRONT

LINDA D TAMESIS MD<sup>85</sup>

Dean, FEU-NRMF SM

In January 2016, the Far Eastern University Nicanor Reyes Medical Foundation (FEU-NRMF) will be celebrating its 45 years of existence.

Since becoming FEU-NRMF president, Atty Antonio H Abad

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LINDA D TAMESIS MD

## HELLO FROM LAS VEGAS!

**DIVINAGRACIA  
AVERILLA-OBENA MD<sup>85</sup>**

Hello! A few more weeks and here we are again welcoming you once more in Las Vegas for our 36<sup>th</sup> annual reunion and convention on July 8-12 2015. We have prepared many surprises for you. So get your dancing shoes out

for we are having a blast starting on Wednesday, July 8<sup>th</sup> with the theme *Fiesta Latina*. We will be swaying our hips to the beat of *salsa, tango, rumba* and *samba* music. We have prepared good food and a live band for everybody to enjoy.

Do not worry as the saying goes *What happens in Vegas stays in Vegas*. You can enjoy gambling as long as you do not pawn your car and house, enjoy the wine while listening to the live music of each hotel, watching different entertainers in show or even sliding some of those credit cards at the famous Caesar's Palace forum shop.

For people who are not keen on spending, you can enjoy the conservatory and botanical gardens of Bellagio where all fresh flower decorations are beautifully arranged and

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**DIVINAGRACIA  
AVERILLA-OBENA  
MD**

## FAITH CORNER

**REV MELVIN ANTONIO MD<sup>65</sup>**

There is a saying that we are living on borrowed time. The



**REV MELVIN  
ANTONIO MD**

better way to put it I think is, because of what Jesus did for us, that we are now living in God's time. The future fulfillment of God's

kingdom that has been preached by Jesus has already come to pass with his death, resurrection and ascension into heaven. As we await his second coming, we live in the tension of the *already, but not yet*. This tension is at the core of much of our frustration and suffering. We think we have made some progress in reforming our lives only to realize that with each step forward, we discover that there are more steps that need to be taken. Our hope lies in the fact that even if we become frustrated, God does not. God is always on our side.

One of the most profound promises in all of Scripture is hidden in the Gospel according to **St John Chapter 17:1-11** often called *high priestly prayer* of Jesus. It has the power to transform the way we understand our faith and the very meaning of our lives. On

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## GIFT GIVING

**NIDA BLANKAS HERNAEZ  
MD<sup>84</sup>**

There are three ways to give gifts: time, talent and treasure.

For talent: annual medical missions to share our talent as doctors. Join us in the mission. There are two missions for the 2016: the Philippine Medical Association in Chicago (PMAC) will go to Olongapo and the FEUMAANI will go to Bangued, Abra. Your healing hand and talent maybe needed.

Time: starving children. To pack food for the starving children. Join the PMAC and the FEUMAANI. The details will follow. Two hours of your time to volunteer is worth the cause.

Treasure: Donate the toiletries, like the little shampoo, soap, coffee from the luxurious hotels that you have visited. A lot of us go to different places to tour, to cruise, or just a vacation; there is a lot of luxuries in life that we experience, gifts and blessings that we cannot even count. The everyday gift of life, gift of love and gift of health, we are thankful of. We can share a little of this by just a little gesture to make others happy, to touch the lives of others. Let us

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**NIDA BLANKAS  
HERNAEZ MD**

## FEUMAANI SCHOLAR 2014-2015

Marie Maranatha Makasiar of Plano IL, first FEUMAANI local scholar, has been named to the dean's list in the University of Notre Dame's first year of studies for outstanding scholarship during the Spring 2015 semester.

Students who achieve dean's honors at Notre Dame represent the top 30% of students in their college.

She graduated valedictorian in Plano High School in 2014.

**CONGRATULATIONS!**



**MARA  
MAKASIAR**

# MY JOURNEY TO BECOME A PHYSICIAN

**RUDY BACOLOR MD<sup>63</sup>**

(A pep talk given to the St Joseph High School calculus class through my granddaughter Sarah Corbe, who is the vice-president of her graduating class 2015).

I am Sara Corbe's

grandfather; and John Bacolor's father. John teaches social science at the Upton Middle School. I had practiced in St Joseph/ Benton Harbor (MI) area

for more than 20 years, specializing in internal medicine/ oncology. Dr Koshy and I started the first oncology clinic in the former Mercy Memorial Hospital now called as Lakeland Medical Center.

When Sarah first asked me to give this talk I was reluctant because I was not sure what subject is appropriate to talk about to a group of smart students taking calculus class. I think I took a semester of calculus during my pre-medicine days in college, and I am ashamed to admit that I cannot remember a trace of the subject.

As they say, use it or lose it. Like in any sport, like tennis or playing any musical instrument like violin or piano, the key to be successful is practice, practice and practice.

Then I realized that during Sarah's first or second year of high school she has written a short essay as part of class

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# INDEPENDENCE DAY

**July 4<sup>th</sup> or June 12?**

**CESAR D CANDARI MD<sup>61</sup>**

FCAP Emeritus, Henderson NV

(This article was published in FEUMAANNI News dateline June 2013, vol. 5, #7 and has been updated... an interesting food for thought)

The debate on the topic of

the date of true independence, I leave that to the historians to determine. But we have to continue observing Independence Day to honor men and women who fought

and sacrifice their lives for the very freedom we now enjoy.

But dates aside, are we truly independent? For the most part the nation might be free but the people are not. Political independence is bereft of meaning when economic stability is lacking. Unless we are economically independent, free of corruption, not relying on super foreign powers and we have honorable and capable leaders working for the better world than what we have at present and the electorate choosing their leadership wisely, true independence cannot be fully attained.

It was on July 4, 1946, that United States President Harry S Truman proclaimed to the world the Philippines was granted independence, which fulfilled the American policy of independence provided by the Tydings-McDuffie Law of 1934. This marked the Pilipinos' exercise of their right to self-determination, liberty, and

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# TENDERLY YOURS

**NOLI C GUINGUNDO MD<sup>62</sup>**

I have just finished watching Animal Planet. We are always complaining about our life on earth, however, the life of poor animals we have not fully comprehend.

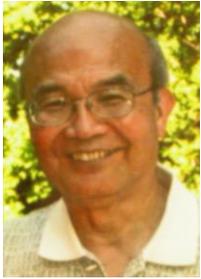
Turtles when they get hatched and are preparing to leave the sand and venture to the sea, they get into some dangerous situation. Baby turtles are the food of the birds, particularly the herons. As soon as they leave the sand where they are incubated for two months they rush to the sea amidst the numerous birds that are waiting to bite and eat them. Some are lucky to reach the ocean but some are on a life or death situation.

When are fully mature and ready to lay eggs, they particularly go back to the same area where they have been before.

A full blown turtle when they get stranded on the beach, waiting for the tide to come and bail them out so they can reach the ocean. Their biggest peril are the tiger sharks that can devour and tear their limbs to pieces and the sharp teeth that can penetrate their hard shell leaves them floating until more tiger sharks devour their lifeless body.

And our patients complain about the hard situation in their life, their aches and pain, their depression, their nerves, their

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**RUDY  
BACOLOR MD**



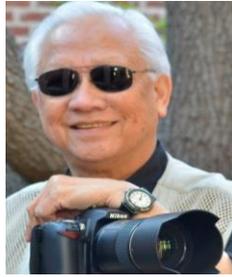
**CESAR D  
CANDARI MD**



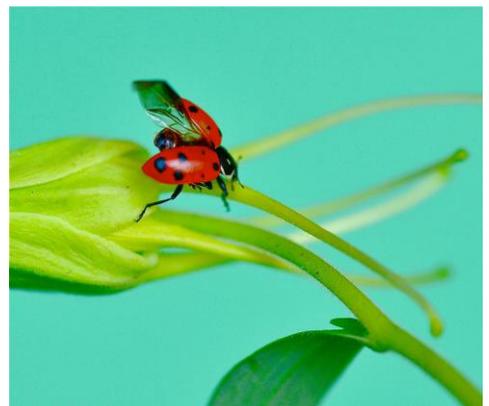
**NOLI  
GUINGUNDO  
MD**

# JUNE IMAGE

ROLANDO M SOLIS MD<sup>63</sup>



Roman, D. Solis' 4<sup>th</sup> grader grandson, represented the Philippines in the International Fair at the Lamplighter School in Dallas, Texas.



Lady bugs in motion

## Reason for CAITLYN JENNER

### Sperm From Ovaries

Caitlyn Jenner is not the first and will not be the last of her tribe. She simply has put a punctuation mark on her type.

Some people say it the new normal; but many more still consider gender identity change a dysfunction, or more accurately a disorder, especially from the healthcare perspective.

Gender identity disorder, aka GID, aka gender dysphoria, has no specific cause, but a person's upbringing, hormones in the womb, and genetics might be involved.

In endocrinology, there are also similar and related entities, including testicular feminization, Klinefelter syndrome, Turner syndrome, hermaphrodite, etc. In tumor literatures, ovarian dysgerminoma, testicular Leydig cell tumor, ovarian Sertoli cell tumor are well entrenched and may behave poorly.

Among the identifiable causes, perhaps genetics or more recently genetic engineering may provide the best explanation why Caitlyn Jenner and her kind exit.

Recently, for example, somatic cells in the gonads of a developing vertebrate provide germ cells with cues, such as hormones, to develop into sperm or eggs are observed. Studying the ways these cues affect a germ cell's commitment to become sperm or eggs, workers from the Minoru Tanaka laboratory at the National Institute for Basic

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## HAPPY FATHER'S DAY!

KATHERINE J TELFORD\*



Us kids walk in your footsteps  
And we all look up to you  
From the moment we first saw  
you  
You have shown us what to do  
You have helped us pave our  
path  
For what our future will become  
As we step inside your  
footprints  
Doing things like you have  
done  
We don't always admit it  
But we need someone to lead  
When we have wandered off  
From the imprints of your feet  
Someday we will try to stray  
From following someone else  
In hopes of forming our own  
path  
And becoming our true self  
Fathers all around the world  
Are examples to their kids  
As they give them their  
guidance  
And show them how to live  
Us kids just want to thank you  
For giving us your grace  
And for always moving forward  
Leaving steps for us to trace  
Someday we will all become  
Parents of our own kids too  
And they'll follow in our  
footsteps  
Just like how we followed you  
Happy Father's Day!

\*Katherine is 15, grandkid of Dr CV Reyes and sophomore at Benet Academy High School, Lisle IL

## LEGACY-HAPPY FATHER'S DAY

FERNANDO S ERENETA\*

*Vicente Gonzaga Ereneta  
1927-1985*

This past weekend marks 30 years since my Dad's passing. I thank God for the time I had with him, albeit a short, 14 years. It was the summer before my freshman year of high school. My oldest son will be a freshman this fall and I cannot imagine him being without a dad.

As I approach Father's Day, the psalmist reminds me to number my days and give me a heart of wisdom **Psalm 90:12**.

My Dad was a father late in life at 43. I imagine you parent with a different perspective when you start later in life and have a shorter amount of time to work with.

My Dad spent quality time with me and my Mom. Many times we enjoyed each other's presence without saying a word. We went on yearly, month-long vacations to the Philippines, Europe or on road-trips.

One of my relatives reminded me of advice my Dad would give them to travel Europe on \$10 per day during the 1970s. I laughed because my Dad would pack rice and canned sardines. If we wanted a drink, we would have lemonade powder and prepare drinks from water fountains. My Dad would splurge and experience a nice meal from time to time.

My Dad got his masters in

*continue to next page*



FERNANDO S

chemical engineering from Notre Dame and worked for what was then Standard Oil/AMOCO. He was a classic do-it yourselfer.

My Dad was good at showing me how to work on the VW bugs and take care of things around the house.

My Dad was transparent with our family's financial matters. I watched as he prepared my parents tax returns, what he did with the stock portfolio, the rental property, and I would go with him to local community banks. In the late seventies and early eighties, CDs were paying double-digit yields! My Mom was a social worker and her unique ability was pouring herself into social, activities at church and the Pilipino community in Chicago.

By the time my Dad passed away, I was prepared to help my Mom manage and organize things around the house as well as the finances with the help and advice from trusted advisors.

My Dad lived a contented life that did not distract him from pursuing the things that mattered most, God, family and nurturing relationships. God showed my Mom and I so much grace, love and mercy after and through my Dad's battle with cancer.

What will be your legacy? How will your loved ones remember you? May this weekend be a time of reflection on your legacy and a time to remember your Dad or Mom.

Happy Father's Day!

\*Fernando is investment and financial advisor, registered with Raymond James Financial Services Inc, to several FEUMAANI members,

## OBITUARY

**ROLANDO F DEL ROSARIO MD<sup>63</sup>**



died suddenly, at home, on June 10, 2015. He belonged to the FEU class of '63. He trained in general surgery at Franklin Square Hospital in Baltimore MD and completed his residency at St Agnes Hospital, also in Baltimore MD.

He had specialized in general practice and physical medicine and rehabilitation, and was affiliated with Laurel Regional Hospital, Medstar Harbor Hospital, Medstar Union Memorial Hospital, Mercy Medical Center and University Of Maryland Baltimore Washington Medical Center.

Dr Rosario was in practice for 52 years. In addition, he also served in the Public Health Service at Fort Sill OK. He was an avid fan of sports, music, and especially fishing.

Dr del rosario is survived by his wife, Andrea, three sons and five grandchildren.

Please address your condolences to:  
Mrs. Andrea del Rosario  
10287 Hotel Road  
Deal Island, Maryland 21821

## OBITUARY

**CRISPIN E SEE MD<sup>70</sup>**

April 7, 1945 - June 3, 2015

At the time of his recent death, Dr See was a resident of Henderson NV.

He was valedictorian and top of his Class<sup>70</sup>. He had a general neurology at the University of Minnesota and hospitals.

Dr See was a diplomate of the American Board of Psychiatry and Neurology.

He practiced and was affiliated with Fairview Sinai Samaritan - Good Samaritan for many years.

Dr See retired early and moved to Las Vegas.

In his printed brief newspaper obituary, it says:

*I'd like the memory of me to be a happy one.*

*I'd like to leave an afterglow of smiles when my life is done.*

*I'd like to leave an echo whispering softly down the ways.*

*Of happy times and laughing times and bright sunny days.*

*I'd like the tears of those who grieve, to dry before the sun.*

*Of happy memories that I leave when life is done.*

## JUNE FLOWER



Tiger lilly with Snow on the mountain ground cover



**Cardinal Tagle of Manila visits Chicago!** As he walks the aisle after a pontifical mass, the Cardinal, left, waves to the thousand Pilipinos who crowded the Holy Name Cathedral downtown. The right picture shows the Cardinal (center) and fellow members of the Holy Trinity Our Lady of Fatima prayer group based in Christ The King Church of Lombard IL. *I was so blessed that day, June 13, 2015. I received God's graces/ a blast of the Holy Spirit/ communion from, kissed the hand of, and had a picture taken with Cardinal Tagle.* --- Cesar V Reyes MD<sup>68</sup>



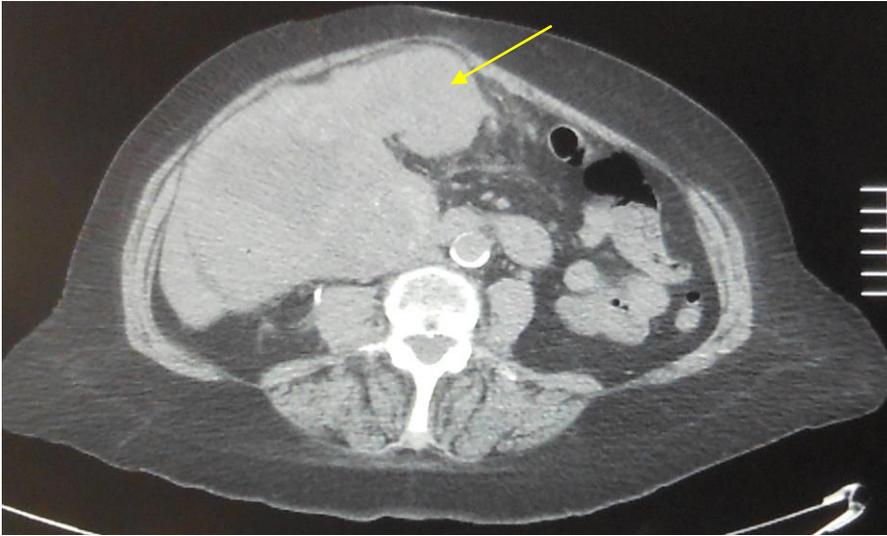
**Nida Blankas-Hernaez MD<sup>84</sup>** is the Lady of Flag Day 2015 during the 40<sup>th</sup> anniversary of the Philippine Independence Week Celebration in Chicago on June 14, 2015.



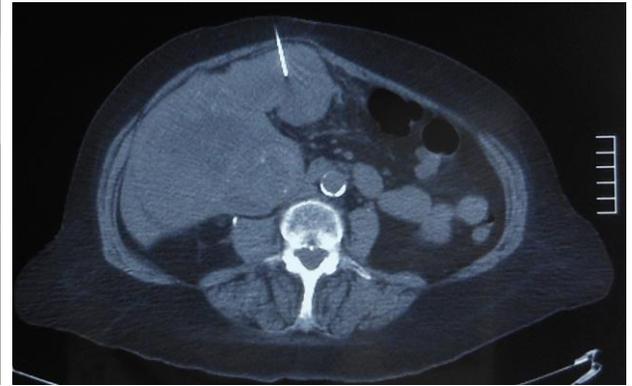
Mae Casis and **Rolando Casis MD<sup>65</sup>** tied the knot in 1965 and are doing it again on Sunday, July 12, 2015, at the Classico Chaptel of Caesar's Palace and Cebu Inasal Pilipino Lechon Restaurant in Las Vegas

# CLINICAL IMAGES

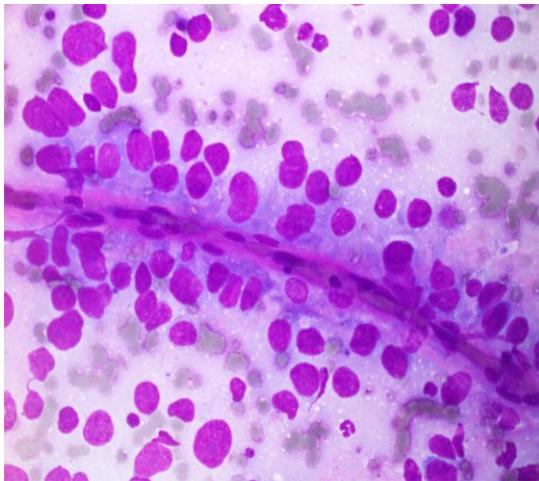
## NEUROENDOCRINE CARCINOMA OF THE GALLBLADDER



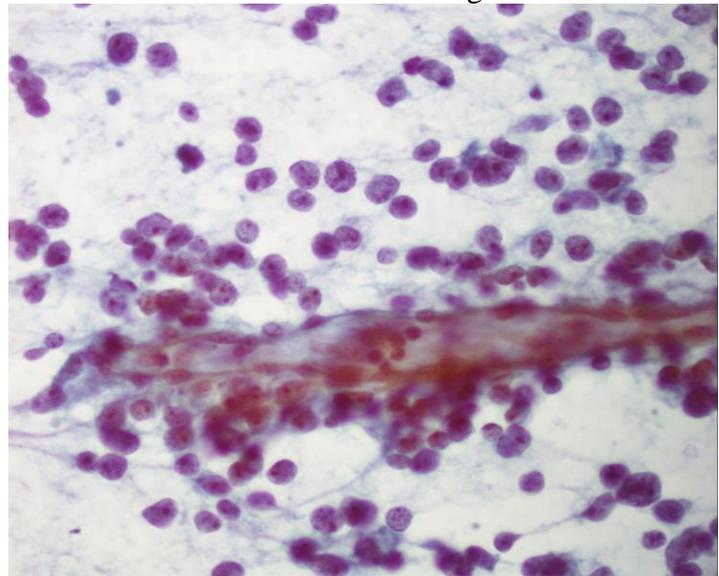
**Figure 1** – CT scan shows a large gallbladder mass (arrow)



**Figure 2** – The fine-needle biopsy is on target on the gallbladder tumor



**Figure 3** - Undifferentiated small cell carcinoma is perithelial-centric (Diff Quik stain, x200).



**Figure 4** – The neoplastic cells are perithelial, discohesive and spread-out (Papanicolaou stain, x200)

The **IMAGES** are an 81-year old female who presented with decreased appetite of three weeks, associated with increasing right upper quadrant abdominal pain. There were no other symptoms and signs.

A computer tomographic scan revealed a large cystic necrotic mass of the gallbladder, measuring 15 x 12 x 10 cm (**Figure 1**), with extension into the adjacent liver parenchyma, without

intrahepatic biliary/ ductal dilatation. Pancreas, adrenal glands and kidneys were normal. No fluid was seen within the abdomen and pelvic cavity.

A CT scan-guided fine-needle aspiration cytology (**Figure 2**) was positive for malignant epithelial cells of high-grade neuroendocrine carcinoma, with a **background necrosis, rosette** and perithelial arrangement (**Figures 3 and 4**).

Immunohistochemical analysis showed negative CAM5.2, CD45, carcinoembryonic antigen, CK20, CK7, glypican3, HepPar1, S100 and TTF-1.

Moderately positive synaptophysin and chromogranin staining proved that the tumor was of neuroendocrine carcinoma.

The patient and her family opted for a hospice; and she was lost for follow up.

## COMMENTS and LITERATURE REVIEW.

Neuroendocrine carcinomas (NEC) are postulated to arise from multipotential stem cells that may have migrated from the neural crest to the foregut and gallbladder during embryonic development. The other pathway is based on the fact that normal gallbladder does not contain neuroendocrine cells, and is via the process mucosal metaplasia of the gallbladder, that often accompanied by cholelithiasis and cholecystitis.

NECs are an exceedingly rare malignancy in the gallbladder. A literature search of gallbladder carcinomas has revealed reports of 28 (78%) pure small cell carcinomas and eight (22%) small cell carcinomas combined with adenocarcinomas.

The clinical characteristics of this disease include an increased incidence in the elderly population, female preponderance, association with cholelithiasis, and metastases at presentation as frequent as 75% of the time to the lymph nodes, liver, lungs, and peritoneum.

According to signs and symptoms and behavior of the disease in our index patient, it is consistent with the picture reported among other cases of small cell or neuroendocrine carcinomas of the gallbladder.

In gallbladder carcinomas, adjuvant chemotherapy is often used without a well-defined protocol. Therapeutic interventions are currently limited to complete surgical resection with negative margins.

On the other hand, a resection is feasible in less than 25% of patients because of the advanced stage of the disease at diagnosis. Surgical excision with adjuvant chemotherapy remains the best option to treat a small cell carcinoma of the gallbladder.

The necessity of debulking, or a radical resection and removal of marginal tissue has been debated in the literature.

Although different chemotherapy regimens have been described in patients who are not amenable to curative surgery, to date there is no blinded randomized clinical trial that has validated a particular regimen as the gold standard for treatment.

The prognosis of gallbladder NECs is fairly similar with the pulmonary and extrapulmonary varieties, and appears to be very poor with a median survival in a series of 53 cases with disseminated disease of eight months, a one-year survival rate of 28%, and two-year survival rate of 0%.

In a published review of 32 gallbladder NECs cases, only one case survived for 28 months.

According to another literature study, the median survival time of combined NEC and adenocarcinoma following surgery was reported to be 4.5 months.

In patients who underwent cholecystectomies, the median survival time was slightly better than those who underwent radical tumor resection.

Chemotherapy following surgery also increased the survival time to an average of 13 months.

In **CONCLUSION**, a rare example of gallbladder neuroendocrine carcinoma is illustrated. The diagnosis usually portend a grave prognosis. At manifestation, the tumor is advanced. Debulking and chemotherapy is best regimen, but the response to the regimens remains to be less than desired.

There is no follow-up in our index patient because she and her family opted to hospice.

A list of **REFERENCES** is available upon request.

**CESAR V REYES MD<sup>68</sup>**

## A reason for CAITLYN JENNER

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Biology in Okazaki, Japan, have found a single gene that when missing from female embryos of the Japanese rice fish, or *medaka* (*Oryzias latipes*), leads the fish to produce functional sperm soon after hatching.

That germ cells can genetically determine sexual fate is something new and exciting. Yes, the simple deletion of a single gene, female Japanese rice fish can produce sperm. Or perhaps, vice versa?

At least in *medaka*, spermatogenesis must be suppressed for oogenesis to proceed normally, and that sperm can develop in an ovarian environment.

The gene, foxl3, is an ancient lineage duplicate of the foxl2 gene, which is known to be involved in mammalian ovary formation. But the

function of *foxl3* remains unclear.

In mammals, *foxl2* is well known to antagonize male somatic cell fate and now *foxl3*, at least in *medaka*, seems to antagonize male germ cell fate.

In the study, two *medaka* mutants result in no detectable expression of the FOXL3 protein. In female

fish, and the majority of these fertilized eggs hatch.

Other than producing sperm, the mutant fish are overtly female, and the absence of *foxl3* do not affect the development of their surrounding somatic gonadal cells.

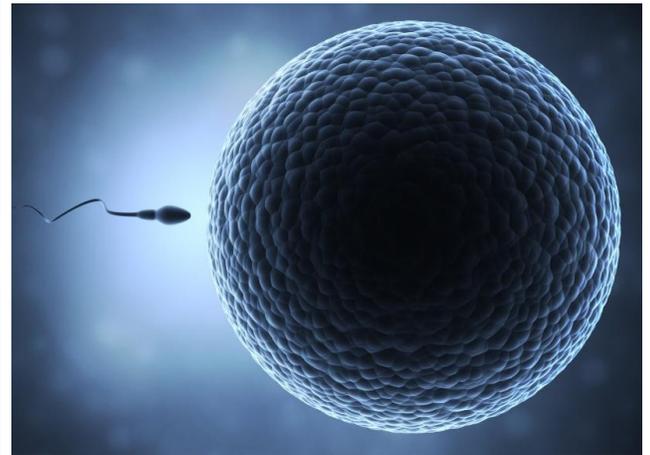
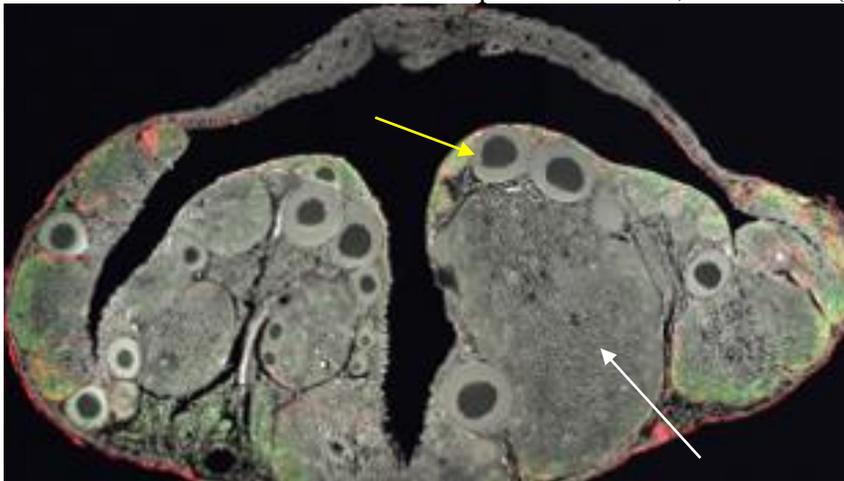
It is also detected that some oocytes continue to be present within the sperm-producing ovaries of some mutant fish.

germ cells in the *medaka* ovary from adopting the spermatogenesis pathway is *foxl3*. This shows how plastic the sexual fate of these germ cells is in this species.

Furthermore, *foxl3* appears to allow female germ cells to react to environmental signals while the mutant is shielded from these gonadal somatic cell cues. That the default



Japanese rice fish, or *medaka* (*Oryzias latipes*)



Section of the ovary showing oocyte (yellow arrow) and sperms (white arrow), multiply magnified on the right.

spermatogenesis within the ovary is detectable one week after the fish hatches, three weeks earlier than the typical timing of male puberty, when sperm production starts in these fish.

While spermatogenesis within the ovary is somewhat irregular, the resulting sperm is viable. Extracted ovary-produced sperm fertilizes half of the eggs of wild-type female

Because the sperm can form in the context of female signaling hormones, the results suggest that male germ cells may not register regulatory signals from female somatic cells.

In the environment of a seemingly perfect ovary, the germ cells are largely undergoing the spermatogenesis pathway, suggesting that the only factor normally stopping

development track appears to be male is unexpected, as all of the data from higher vertebrates shows that the default development is female.

Sex determination mechanisms vary greatly among different fish species. Unlike many other fish, in which temperature-dependent mechanisms determine sex, sex determination in *medaka* is chromosomally determined.

It is also unclear whether the results in *medaka* will have any impact on the study of sex determination in mammals.

Additional studies on how *foxl3* is regulated, what it regulates, and how this gene is linked to the factors that determine sex in the somatic cells of the gonads in *medaka*.

Perhaps, the next big thing would be an oocyte genetically produced in Caitlynn Jenner's testis --- if it still there.

Abstracted from Nishimura et al, *foxl3 is a germ cell-intrinsic factor involved in sperm-egg fate decision in medaka*. 10.1126/SCIENCE.aaa2657, 2015

## INDEPENDENCE DAY

*continued from page 3*

independence.

In 1962, the former President Diosdado Macapagal signed an executive order that *moved*

the Philippines's Independence day from July 4 to June 12. He was trying to correct history.

So which of the two dates then is our real Independence Day? Is it the 12<sup>th</sup> of June 1898? Or is it the 4<sup>th</sup> of July 1946?

June 12<sup>th</sup> was not in accord with the Islands' Independence which was recognized on July 4, 1946, as stated above. Invoking nationalism and upon the advice of historians, Republic Act #4166 was signed into law by President Macapagal in 1964, proclaiming June 12, which up to that time had been observed as Flag Day, as Independence Day. Now July

4 is relegated to being Pilipino American Friendship Day.

Since then, there is an ongoing debate on which day should the Philippines really celebrate its independence day.

We have read media headlines titled 117<sup>th</sup> Philippine Independence Day Celebration here in the United States and in the Philippines recently. Now I come to realize that June 12, 1898, was only a proclamation made by General Emelio Aguinaldo.

A history book titled *Philippine History and Government, Through the Years* by Francisco M Zulueta, and Abriel M Nebres is considered to be a good read.

History tells us that in April 1898 the American-Spanish War ensued. From his exile in Hongkong, Aguinaldo made arrangements with the United States authorities to return to the Philippines and assist the US in the war against Spain. He landed on May 19, rallied his revolutionaries, and began liberating towns south of Manila. Commodore George Dewey invaded Manila Bay and overpowered the lackluster Spanish Navy. The Spaniards eventually surrendered to the Americans.

I wrote in my book two years ago when I opined: On June 12, 1898, in Cavite el Viejo (now Kawit), Cavite, Philippines, the KKK (Katipunan) patriots of General Aguinaldo proclaimed the Philippine Declaration of Independence. With the public reading of the Act of the Declaration of Independence, Pilipino revolutionary forces under General Aguinaldo

proclaimed the sovereignty and Independence of the Philippine Islands from the colonial rule of Spain. However, on December 10, 1898, the Americans annexed the Philippines with Spain by the Treaty of Paris. The Aguinaldo proclamation of Philippine Independence was a questionable proclamation. No sovereign nation have recognized it, was neither recognized by the United States of America nor by Spain, hence became invalid because under this treaty, Spain ceded to America the Philippines, Guam and Puerto Rico, for which America paid Spain \$20 million.

This brought about the Pilipino American War in February 4, 1899. Aguinaldo was captured by US forces on March 23, 1901. Thereafter, Philippines remained an American colony. Although June 12, 1898, seems logical for its nationalistic reasons, borne out and inspired by the events of the Katipuneros' rebellion against Spain culminating with the proclamation of Independence by General Aguinaldo.

However, the Philippines was not truly independent since we continued to be a colony of the United States, and the declaration of Independence was not fully recognized by the international community of nations. Thus, it was not fully legitimized. The struggle for independence continued afterwards. Then there was the interval when the war came and Japan took over the Philippines in the early forties.

Then on July 4, 1946, after the US and the valiant Pilipinos



CESAR D  
CANDARI MD

defeated the Japanese, the United States gave the Philippines its Independence.

It was on July 4, 1901, that Governor General William H Taft declared a complete civilian administration in the Philippines.

On July 4, 1902, U.S. President Theodore Roosevelt proclaimed a full and complete pardon and amnesty to all people in the Philippine archipelago that had participated in the conflict, effectively ending the war.

The Philippines remained an American colony from 1902. A semiautonomous Philippine Commonwealth was inaugurated in Manila with Manuel L Quezon as president and Sergio Osmeña as vice-president in 1935.

The Philippines existed as a commonwealth of the United States, a political relationship. This became the United States-based Philippine government-in-exile during the Japanese occupation.

July 4 was celebrated as Philippine Independence Day. For Pilipinos, the Fourth of July became the true Philippines Independence Day celebrated every year for 15 years. This is the date that I remember celebrating Independence Day when I was growing up in the Philippines. I tend to favor this date when talking of independence since this is when we were able to govern ourselves. We attained some political independence. We have self-rule however imperfect or hellish it might be, as President Quezon at one time said in a statement to the effect that he *would prefer a*

*government run by Filipinos like hell to a government run like heaven by Americans.*

I remember the succession of elected Presidents, senators and local leaders. But the Philippines might not have been completely divorced from the United States with their continued presence establishing military bases in different locations in the islands.

When the Philippine senate voted to end the American military presence in the country in 1991 this could be interpreted as a vote for a truly sovereign and more independent nation. In a stricter sense we are no longer a colony, but we have not emerged fully from the shadow of its enduring role. But this showed we have a functioning government.

Philippine leaders who insist on the June 12, 1898, independence are insensitive to the facts of history. Many Pilipinos wanted to set the record straight. History of the Philippines must not be distorted. We think that it was only on July 4, 1946, when the United States granted that the Philippines became politically free as a country.

Macapagal made a statement in his speech: *I felt, too, that July 4 was not inspiring enough for the Filipino youth since it recalled mostly the peaceful independence missions to the United States. The celebration of Independence Day on June 12, on the other hand, would be a greater inspiration to the youth who would consequently recall the heroes of the revolution against Spain and their acts of sublime heroism and martyrdom. These acts*

*compare favorably with those of the heroes of other nations.*

This statement in my humble opinion, I regret to say was political motivation in Macapagal's mind to show his nationalistic fervor to impress the Pilipinos known for their high pride.

The Pilipinos swallowed this statement including the succeeding Presidents of the Philippines. I regret to say the political elite continues to extend to all parts of life in the country, much to the detriment. Their dominance is apparent and represses the voices of significant number of Pilipinos.

Pilipinos, not all, have been mindful of their history but have been disinterested in acknowledging their profound debt to it. They do not have an interest, making them tone deaf and considered this change of Independence Day as mundane. In my opinion, it is historical myopia.

Sad to say, there exist a twisted history on our true Independence Day, one of the most significant dates in the Philippine's history. This chapter in the history of our country must not be hidden from what is the real truth. We celebrate only what is real and factual.

Let us hope the National Historical Commission of the Philippines must take serious attention and to consider a debate on this matter.

Philippine Independence – June 12, July 4, or not yet?

## TENDERLY YOURS

*continued from page 3*

problem with their husbands and or their wives and everything else. Please give me a break and try to imagine how much more life can be so miserable . Watch those legs flap and hurry to reach the ocean.

Living in the depths of the ocean, particularly the cold numbing temperature, the sometimes lack of sunlight penetrating the deep ocean, the myriad life situation, the barrier reef that in some areas have stopped growing because of the weather situation like storms and hurricane.

Let me leave this area briefly as I just saw a lady's picture on the cover of Vanity Fair. The title is My Name is Caitlyn. What a beautiful lady, mature looking, very distinctive, in a somewhat pensive mood but would not definitely call it melancholic.

Caitlyn is a transgender, and used to be Bruce Jenner, the champion decathlon athlete. There is a long discussion of the word transgender in Wikipedia.

Anyway, I wonder how they feel about changing their sex.

From the discussion, he had felt for a long time to become a woman, mannerism, dressing like a girl, applying makeup, applying nail polish on fingernails and toenails.

Of course growing long hair to really look like a woman, and also growing breasts.



NOLI  
GUINIGUNDO MD

Previous doses of hormones had something to do with this. The article is silent about the genitals.

I am not a psychiatrist and does not know how a transgender feel. Is it the feeling of a woman, or did they keep also the feeling of the man? But Bruce Jenner seems relieve that he did not have to hide in dressing like a woman or seen in public as a real woman.

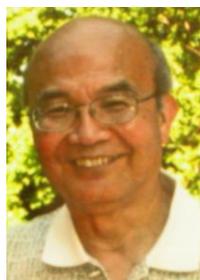
I might request our continuing medical education (CME) director and committee members to invite someone, probably a psychiatrist with some background on this particular specialty to talk to us in our CME meetings.

We have a good lineup for our CME in July. Known subspecialists are slated to speak in our CME. We are hoping to see you all in Las Vegas at the Caesar's Palace, our venue. We are also hoping you have made all your reservations at the hotel and plane tickets to those who are flying. We hope everybody will have a safe trip.

To our members of the board of trustees please make all attempts not to miss the July meeting.

## MY JOURNEY

*continued from page 3*  
project entitled, *My*



RUDY  
BACOLOR MD

*grandfather, My Hero*, which is now framed and hanging in our computer room, I guess she was inspired by the

fact that in spite modest upbringing and many thorny challenges that seemed unsurmountable I able to overcome all adversities and became a doctor of medicine.

So I will talk about my own personal journey to become what my deceased father had wanted me to be. I will also share some teaching moments that I learned from my life's experiences that helped me become what I am today a retired physician, but what I am most proud of are our four children of what they have become and nine grandchildren --- the source of our pride and joy. We feel so blessed for which we are heavenly grateful for.

In about a month you will be celebrating your high school graduation. I am congratulating you, your parents and teachers for a job well done. Soon you will be embarking on a new challenge in your young lives.

Choose the school that will best prepare you in your chase of the rainbow of your dream and the school that can provide the best quality and value of your parent's hard earned money and sacrifices.

With a strong solid foundation that you have developed and acquired during your four years of high school you are well equipped to meet the challenge that may come your way.

You have been so lucky that you have lived all your lives in a city that is rich in natural beauty with bountiful natural resources that support the economic engine of the community and a city rich in history and cultural heritage. A

city whose residents have progressive vision and civic pride of what a vibrant community should be.

You are exceptionally lucky that you are in school system with dedicated and enthusiastic teachers who are among the best in the State. Your teachers, parents, and grandparents have high expectations of you.

You have a very good head start. You are very much better prepared in every way than I was at your age. I grew up at the wrong time and place.

It was World War II era when the Philippines was invaded and occupied by the Japanese. My family were in constant movement to escape from the Japanese.

We settled in a remote village where my maternal grandfather had a homestead along a small river and near the jungle for easier escape whenever the Japanese soldiers were expected in the area.

We lived on corn, small amount of rice, sweet potato and other root crops and vegetables. Instead of being in school I helped tend to pasture the family's work animals (water buffaloes), scare the parrots and wild boars from eating the green kernels of corn with a clapper made of bamboo.

I did not start formal schooling until I was 12 years old at the end of the War when our family moved from Masbate where I was born to Pangasinan my father's province was.

Masbate is an island province in the central Visayan Islands. It is in the same latitude but west of Leyte where General McArthur first landed on the beach and waded ashore

during the liberation of the Philippines, keeping his promise to the Pilipino people with his famous phrase *I shall return*.

In a more recent event, Leyte was hit and devastated by typhoon, Haiyan killing more than 4000 Pilipinos in the island and thousands made homeless.

I was born to a family of very modest means according to Pilipino standard, but very poor in American standard way of life. My parents were teachers with salaries equivalent to \$100/month. I am the eldest of seven siblings.

We originally lived in my maternal grandmother's stilted house to protect from flood water during the rainy season when the nearby river overflow its banks. It was made of wood, bamboo and woven palm tree leaves. We had no running water. We had a drilled water well that you manually pump water from.

We had no electricity. We studied under a Coleman kerosene lamp. We slept on the floor over a mat. When I was in high school I took passenger bus, jeepney or two-wheeled horse drawn carriage (*kalesa*) to school with a lunch of cold rice, and hard boil egg, or fried dried meat or fish wrapped with wetted banana leaves.

After school we walked home 10 km (six miles?) on a gravel covered dusty road.

During my fourth year of high school, my parents were able to buy me a Columbia bike single speed with big tires, horn and battery-run head light, which I shared ride with my younger brother. I loved that

bike and had many fun and happy memories with that bike.

We never had the opportunity for any competitive sports or other extracurricular activities. We did play soccer or basketball as part of physical education class, or worked on our agronomy class vegetable garden.

After graduation from high school my father called for a sit-down family talk. He said addressing me, *Rodolfo, being the oldest child and that we are getting older I want you go into medicine so you can take care of us when we get sick.*

Actually, I was thinking going into mechanical engineering as I liked mathematics and science, and like knowing how things work. In Pilipino culture, parent's words are the laws and rule in the family.

Ironically, during my first year in medicine my father was diagnosed with advanced malignant lymphoma which at that time had no curative treatment. I was devastated. Seeing him in his sick bed in the hospital in Manila after class each day was the hardest part for me to bear. I lost my concentration and focus, my grades started to fail and I was thinking of quitting school. I was demoralized and confused.

Less than six months from diagnosis my father died. After the funeral, my mother reminded of my father's dream that his eldest son becoming a doctor. With heavy heart I tried to master new strength and resolve to fulfill my father's dream. By this time it was becoming my dream too.

Finally in 1963. I graduated with degree in medicine. I fulfilled my father's vision and dream. After passing the Philippines national medical board examination and required exchange visitors program for foreign medical graduates examination, I applied for internships at Mt Sinai Hospital in Milwaukee WI.

In 1964, I flew for the first time alone with plane ticket and \$100 pocket money given by my uncle (my father's brother who went Hawaii when he was 17 years old to work in the pineapple fields). This is my own journey. So as you see your own journey may not be always easy. Along the way there will be many distractions and temptations (excessive partying, easy access to alcohol and drugs.)

It is easy to lose focus and determination. At your young age, your endocrine glands and sympathetic system are very sensitive to swings of emotion, do not be swept away by the surge of your hormones away from your goals.

Before you take big a decision take deep breaths and close your eyes to calm your mind and body. But if you do stumble and fall down, you get back up and try even harder and the reward will be sweeter and most satisfying.

As someone has said *if I can do it so can you.*

Remember there is no substitute for hard work. I do not mean that you should not have fun. Go join your fellow students on Saturday afternoons and cheer your favorite school

teams and catch your school spirit. Good luck!

## GIFT GIVING

*continued from page 2*

donate these little things, to others it maybe big and they will be able to use it. You can drop off at the office anything that us worthwhile and I will boxed it for our mission donations. This will be my luggage to bring.



NIDA BLANKAS  
HERNAEZ MD

Anything that comes from your heart that is worth giving. Even monies can he distributed or can be converted to goods for distribution during the typhoons or during missions.

The many accomplishments that a lot of us had done, the missions, the medications, the surgeries, the education, the healing hands, or the compassion and passion that you have shared despite tge hustle and bustle.

The world may not know the little things and the big things we had done, but we can offer all to God what we do on a daily basis. The more we do, the more we are blessed.

For the FEUDRSMAF, \$5000/ year is allocated for medical mission work wherein \$1000 for Chapter mission will be distributed. It is a meager amount but it is worthwhile of a donation since it is coming from our parent organization and it means a lot of encouragement to the chapters to continue this mission work.

To my surprise, this \$5000 was outvoted in last meeting according to the FEUDRSMAF president Dr Manuel Malicay.

There was a negative balance in the previous Las Vegas reunion, thus the the budget cut of the mission allocation.

The fact that this missionary work is a passion of almost all the chairmen emeritus, that cannot vote. Wow! In the last ectopic murmur, Dr Daniel Fabito penned about the many medical missions he was involved.

Instead of cutting the mission money, I think FEUDRSMAF must continue to support this endeavor and encourage the different chapters to do medical mission and even increase their donation instead.

## FAITH CORNER

*continued from page 2*

the night before his crucifixion, Jesus prays for those he will leave behind. This prayer differs from that **of the** prayer in the Garden of Gethsemane as portrayed in the synoptic gospels of Matthew, Mark and Luke.



REV MELVIN  
ANTONIO MD

This closing prayer is for all to hear and rather than a prayer of grief at his impending death, Jesus prays for those that he is to leave behind. In John's Gospel, the crucifixion is not one of humiliation but of exaltation. According to this Gospel, Jesus comes into the world, dies on the cross, is raised on the third day, then returns to the Father

so that we may know God. Simple enough. What is easy to miss is the Gospel's message that in addition to knowing God, we are expected to do God's work. Jesus leaves but we stay to continue the work that the Father entrusted to Jesus. Jesus leaves but we stay. This to me is the real *left behind* story. According to Jesus, being left behind is neither a sign of imperfect faith nor a chance to prove ourselves worthy. Being left behind is an honor, an invitation to participate in the glory of the Father. It is a commissioning into the work of the Son.

This is quite the opposite of what is being suggested in a popular series of books entitled *Left Behind* written by Tim LaHaye, recently presented as a movie. The series is based on an interpretation of the books of Isaiah, Ezekiel and Revelation. It tells the story of the end times in which many have been taken up or *raptured*, leaving the world in chaos. In this chaotic situation, a Romanian politician named Nicolae Jetty Carpathia rises to become Secretary-General of the United Nations, promising to restore peace and stability to all nations. Carpathia is actually the Antichrist allegedly foretold in the bible. A small band of born-again Christians, Rayford Steele, his daughter Chloe, their pastor Bruce Barnes, and young journalist Cameron *Buck* Williams begin their quest as the so-called Tribulation Force to help save those left behind and prepare for the coming Tribulation when God will rain down judgment of the world for seven years. Although touted as

fiction, the books' use of biblical language make them so believable that they have sold more than 60 million copies, mostly in the Western world. The problem is that the author would like us to believe that those *left behind* are to suffer God's judgment.

Works like the *Left Behind* series add to the current preoccupation of the average person with the end times as they are also preached and predicted even as Jesus says, *But about that day and hour no one knows, neither the angels in heaven, nor the Son, but only the Father. Matthew 24:36*

Many of us become preoccupied with preparing for impending doom. Just look at how much energy was focused on the recent failed prediction of the end of the world by Harold Camping, how much money was spent in its global information campaign, how many people actually quit their jobs, gave away their possessions and wait for doomsday that never came.

Not only does John's Gospel make it clear that those left behind are commissioned to continue God's work, but it also defines what eternal life means. To the Gospel writer, eternal life does not necessarily mean escaping the fires of hell or singing praises to God with the angels at some future time. It means being in relationship with God in Christ. It means knowing God through Christ. This relationship is available to us here and now. It is not that an intimate knowledge of God and Christ leads to eternal life. Knowledge of God and Christ

in our minds, in our hearts and in our souls is eternal life itself.

Eternal life, glory, and relationship with God are not things waiting out there somewhere but instead are all around us. Where? In doing what Jesus does – healing, feeding, caring, listening, sharing, making the grace of God known through how we lead our lives. The Evangelical Church in America adopts a work ethic that says it best: *God's work, our hands*. From a global perspective, *God's work, our hands* translates into supporting global ministries like the Lutheran World Relief's campaign against malaria, World Hunger, organized disaster relief here and abroad. Closer to home, the missions organized by medical societies to the Philippines provide indigent care in underserved areas. Now imagine that the ordinary and mundane things that we do everyday are also works that honor the Father – at home, at work, at play, at school; in our professions as teachers, nurses, members of the Armed Forces, farmers; in our vocations as homemakers, as parents. Any honest work that helps care for this world and the people God so loves allows us to participate in the glory that Jesus talks about.

You might try this sometime – write down the ordinary things that you are able to do that helps care for God's people and his creation. What is your passion? Is it family? Neighbor? Helping the poor? Accompanying those in grief? Let me give you an example of what people can do. Texas and Oklahoma have been hit hard

by torrential rains and tornadoes. Major flooding has destroyed homes and many people have lost their lives. People from many places rushed to victims' aid through donations of food, clothing and volunteering in rescue and recovery operations. Rest assured that many more will help in the reconstruction of property in the months to come selflessly contributing their time, talents and treasures a worthy cause.

Some of us believe that life is simply practice for the next one. Others believe that it is some kind of trial to be endured until a future glory, as a test to prove ourselves worthy of heaven. Yes, there are trials and things can be difficult, confusing and discouraging. John's Gospel gives us a two-fold promise – that God is with us to help us persevere and flourish and that God intends us to be committed to this world, its people, here and now. Glory, eternity, relationship with God – these are always in the present tense in the Gospel and we are commissioned and blessed to participate in this work and share in this amazing promise.

## HELLO FROM LAS VEGAS!

*continued from page 2*  
changed every month.

If you love to hike you can challenge yourself with our Red Rock Canyon trails.



DIVINAGRACIA  
AVERILLA-OBENA  
MD

If the kids are coming you can satisfy their sweet tooth with Ethel M chocolate factory, Hershey's chocolate store and M&M's chocolate store as well.

It is only in Vegas where you can feel you have traveled Europe in a matter of hours. You can try hopping at the Eiffel tower of Paris and later on cross to embrace the big statues in Monte Carlo, blink your eyes and be amazed at the wonderful ceiling paintings of Venetian, and end up with singing and dancing with the water fountain of Bellagio.

One can also enjoy touring our *City within the City*, bounded by Cosmopolitan, Vdara and Aria Hotels.

Let us not forget to honor our Emerald, Sapphire, Ruby, Coral and Pearl Jubilarians on Friday, July 10<sup>th</sup>, is our Filipiniana night. I am hoping by this time each group is already preparing for their surprise numbers.

Saturday, July 11<sup>th</sup> of course is the highlight of our reunion with the Gold and Silver Jubilarians who will be presenting their most awaited number as well.

So start packing your bags with summer clothes as it is really dry heat in Vegas at this time, do not forget your camera, and as soon as you arrive join me in shouting *Viva Las Vegas!*

## FROM THE HOME FRONT

*continued from page 1*  
Jr, has been keen on recognizing and commemorating the

accomplishments of the Foundation.

Last year FEU-NRMF had its Foundation Week with six days of activities that started with a motorcade and culminated with the grand alumni ball.

This forthcoming January, acknowledging that the Foundation has been producing outstanding health care professionals, he has set into motion the search for 45 alumni who exemplify the core values of fidelity, excellence, universality, nationalism, responsibility, morally upright and family-oriented.

Alumni, faculty, employees and colleges can nominate deserving graduates of the FEU-NRMF School of Medicine, Medical Technology, Physical Therapy, Nursing and Respiratory Therapy who are recognized in the Philippines or abroad in the following categories: leadership, research, community service, education, career achievements and loyalty.

Nominations will be accepted until July 31, 2015.

During the Las Vegas reunion I will distribute nomination forms.

For those interested in nominating but not attending the reunion, please visit the FEU-NRMF official website for details and requirements.

I encourage all reading this newsletter to help in making this endeavor successful.



LINDA D  
TAMESIS MD

## PRESIDENT'S Message

*continued from page 1*

Registration will be in Office

2. The Wednesday,  
July 8, 2015,

welcome reception  
will be in Florentine  
III-IV. The

*Filipiniana* Night  
and the grand dinner  
dance will be in  
Roman III-IV.

There will be no  
long-walk because these rooms  
are adjacent to each other or just  
across the hall

There will be non-medical  
associates who will be assisting  
the organizing group in the  
reception as well as in the  
evening functions for the  
purpose of efficiency and  
orderliness.

It is our goal for all to have a  
good and fun memorable time  
with civility and fair  
accommodation.

The theme of the welcome  
reception is *Fiesta Latina* and  
the attire is Latin costumes.

The *Filipiniana* Night attire  
is Pilipina dress for the ladies  
and barong Tagalog for the  
men.

The Grand Night attire will  
be black tie and evening dress.

The CME committee has  
organized and scheduled the  
*Clinical Practice Advances  
2015* with 14 credit hours  
category 1 ACCME Physician  
Recognition Award. The  
scientific sessions include a  
variety of interesting topics in  
psychiatry, orthopedic surgery,  
anesthesia and pain  
management, surgery, medicine  
and the puzzling difficult  
ClinicoPathologic Conference.

The highlights of the  
scientific sessions are the  
memorial lectures to be  
delivered by outstanding  
alumnus in their field of  
specialization.

At the outset, on behalf of  
the officers of FEUDNRSM  
Alumni Foundation I extend my  
gratitude and appreciation to all  
the registrants who will be  
joining us in the 2015 reunion  
and scientific convention and to  
the dedicated and hardworking  
organizing group Drs Danny  
and Melinda Fabito, Pete  
Florescio, Cesar V Reyes,  
Grace Averilla-Obena, Art  
Basa, Oscar Tuazon, and others.

See you in Las Vegas!  
**MANUEL A MALICAY MD<sup>72</sup>**

## CHAIRMAN'S Message

*continued from page 1*

In support of our goal to

increase the  
Foundation's  
endowment fund,  
the board of  
trustees recently  
established a new  
committee. This  
committee will  
direct, manage, and  
oversee the



**OSCAR C  
TUAZON MD**

allocation of endowment funds  
to ensure every dollar you  
donate is being spent in  
furtherance of fulfilling our  
charitable goals and to support  
FEU. Dr Renato Ramos has  
been appointed the head of the  
new committee, and will be  
assisted by committee members  
Drs Grace Rabadam, Hernani  
Tansuche, Licerio Castro, and  
Daniel Fabito.

On behalf of all of the  
officers and board trustees of  
the FEUDNRSM, thank you  
for your continued support and  
participation in our alumni  
network.

I hope to see you all soon in  
Las Vegas!

**OSCAR C TUAZON MD<sup>74</sup>**

## Our Magnificent Class<sup>65</sup>

*continued from page 1*

life then was a series of ups and  
downs and it is up to you to  
determine what you have been.

Seeing you in this  
country is a living  
testimony of triumph  
and human  
achievement--an  
achievement that is  
awe inspiring to  
every Filipino. The  
excellence, hard  
work,  
professionalism, and success  
that most of us have shown in  
this country is an example of  
the star that doctors from our  
country can reach, given the  
fertile ground and supportive  
environment from which to  
launch itself.

Anyone need not doubt that  
you would not have arrived to  
where you are now if you have  
stayed behind in our country.  
This is not to cast a shadow in  
the direction of our native land,  
but to simply state a reality.

Perhaps life and fate for the  
most part has been good to us.  
Perhaps the innocence of our  
childhood and the laid back life  
in the Philippines helped us



**ROLANDO C  
CASIS MD**

keep the proper perspective in life and happiness.

We do not need to race with or against each other anymore, rather, we now remain united in trying to soar above and beyond our earthly desires in order to achieve inner peace and happiness.

Our heart overflows with benediction throughout the day, and our daily mantra had become, *Oh, what a wonderful world we live in!*

As we ruminate on the past fifty years, we feel a sense of relief and gratitude for all the enormous blessings we savor every day as a result of our tenacity to reach the summit of our youthful dreams.

Our main passion in our sunset years has been to give back by trying to lend a helping hand to those in need of help.

As we compare our past struggles with such a glorious life we now delight in, we tend to gaze heavenward and shout in exultation, *Thank you, Lord, I have arrived, and am still alive!*

In our constant spiritual journey, we shall always be reminded that memories are here to take us back to the past fifty years of sowing fertile seeds that we now reap and share with others.

Life itself is not yet over for us; it is just unraveling before us with jubilation and a great promise that the best is yet to come. After all, at this day and age, life no longer begins at 40; rather, it now begins at 70 onwards! May we all remain healthy to bring us forward into another realm of our dreams, and hopefully to give us another chance to bask in the warmth of our friendship and

remembrances. *Mabuhay*, Class of 1965! As Star Trek's Captain Spock used to say, *Live Long And Prosper, or, LLAP!*

\*Dr Casis is FEUDNRMAF president and chairman *Emeritus*

## JUNE QUOTE

My son, do not despise the LORD's discipline and do not resent his rebuke, because the LORD disciplines those he loves, as a father the son he delights in.

**Proverbs 3:11-12**

## COMMENTS

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited. Email submission, including figures or pictures, is preferred.

## ECTOPIC

## MURMURS

Deadline for July 2015 issue  
July 22, 2015

Please address submission to  
[acvrear@gmail.com](mailto:acvrear@gmail.com)

## COMMENTS

Editorials, news releases, letters to the editor, column proposal and manuscripts are invited. Email submission, including figures or pictures, is preferred.

## PMAC News

Deadline for July 2015 issue  
July 1, 2015

Please add ress submission to  
[acvrear@gmail.com](mailto:acvrear@gmail.com)

# BALIK-FEU, January 2016



*Far Eastern University*  
DR. NICANOR REYES MEDICAL FOUNDATION  
MEDICAL ALUMNI SOCIETY, INC. (Philippines)  
and

*Far Eastern University*  
DR. NICANOR REYES SCHOOL OF MEDICINE  
ALUMNI FOUNDATION (USA)

## 41<sup>st</sup> ANNUAL ALUMNI HOMECOMING SCIENTIFIC CONVENTION

GOLDEN & SILVER JUBILEE CELEBRATION

January 20-23, 2016

Dr. Ricardo L. Alfonso Hall,  
5<sup>th</sup> floor, FEU-NRMF Medical Center  
Regalado Ave., West Fairview, Quezon City

and

## GRAND ALUMNI, GOLDEN & SILVER JUBILARIAN'S NIGHT

January 23, 2016 (Saturday)

CROWNE PLAZA GALLERIA MANILA  
Ortigas Avenue cor Asian Development Bank  
Quezon City

### Honorees

Class '66 (Golden Jubilee)  
Class '70 (Sapphire Jubilee)  
Class '75 (Ruby Jubilee)  
Class '80 (Coral Jubilee)  
Class '85 (Pearl Jubilee)

Class '90 (Silver Jubilee)  
Class '95 (20<sup>th</sup> Anniversary)  
Class '2000 (15<sup>th</sup> Anniversary)  
Class '2005 (10<sup>th</sup> Anniversary)  
Class '2010 (5<sup>th</sup> Anniversary)

### PROGRAMME HIGHLIGHTS

JANUARY 20 - Golf Tournament

JANUARY 21 - Registration  
Thanksgiving mass  
Opening of exhibits  
Breakfast  
38<sup>th</sup> Dr. Lauro H. Panganiban Memorial Lecture  
Luncheon Symposium  
5<sup>th</sup> flr. Dr. Ricardo L. Alfonso Hall  
FEU-NRMF Medical Center  
WELCOME RECEPTION

JANUARY 21-22

State of the Arts Lectures  
Luncheon Symposium  
Student Achievement Award  
5<sup>th</sup> flr. Dr. Ricardo L. Alfonso Hall  
FEU-NRMF Medical Center

JANUARY 23 - GRAND ALUMNI, GOLDEN &  
SILVER JUBILARIANS NIGHT  
CROWNE PLAZA GALLERIA MANILA

For more details please contact:

FEUNRMF MAS secretariat at:

Landline # 935-00-25

Mobile # 0917-8108610 (Globe)  
0933-5100783 (Sun)

Email: – [feunrmfmas@gmail.com](mailto:feunrmfmas@gmail.com)

Website: [feunrmfmas.org](http://feunrmfmas.org)

## Call for nomination of outstanding FEU-NRMF alumni

FEU-NRMF 45<sup>th</sup> foundation anniversary week celebration will be awarding 45 outstanding alumni from the different programs.

The award categories are individual and group awards for: leadership, career achievement, education, research, community Service, and loyalty

Click and open <http://www.feu-nrmf.ph> to download

- a - Nomination Form
- b - Nomination Instructions
- c - Reference Form
- d - Statement of Nomination



The **PHILIPPINE MEDICAL ASSOCIATION in CHICAGO (PMAC)**, **PMAC AUXILIARY (PMACA)**, **PMAC Foundation**, **CIM** alumni, **FEU** alumni, **MCU** alumni, **SWU** alumni, **UE** alumni, **UP** alumni, **UST** alumni, other Philippine medical alumni groups, and 2<sup>nd</sup> generation Pilipino physicians will hold their annual picnic on Sunday, June 28, 2015, from 11:00 a.m. to sundown, at the Oak Brook Park District **SHELTER**, 1450 Forest Gate Road, Telephone (630) 990-4592.

The PMAC and PMACA will also hold elections of board governors.

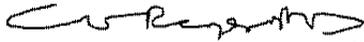
An 11:00-am mass will be celebrated.

As it has been traditional for 55 years, the occasion is a fellowship day, a reunion. Friendship will be renewed. There will be fun, food galore and games for the kids, spouses and guests. Because it is always a special Day, bring your children to help us celebrate this special new day.

We will also recognize the fathers, grandparents and their grandkids. The intermedical school softball competition, basketball, football, soccer, card games will be available. Bring your family and invite a friend or two. Don't forget to share a sample of your cooking with others.

The park is bounded by 22nd Street (Cermak Road) on the north, 31st Street (Oak Brook Road) on the south, Route 83 (Kingery Highway) on the west, and Jorie Boulevard on the east. Entrance to the Park is through Forest Gate Road (left turn from Jorie Blvd, just north of 31st St). Westward on Forest Gate Rd, turn right on the first street going north all the way to the end which is The Shelter.

Please join us!

  
for GERARDO GUZMAN MD<sup>63</sup>  
PMAC President-Elect

for LEILANI N MON MD<sup>72</sup>  
PMACA President-Elect



GERARDO  
GUZMAN MD



LEILANI N  
MON MD



# **FAR EASTERN UNIVERSITY DR NICANOR REYES SCHOOL OF MEDICINE ALUMNI FOUNDATION**

## **36<sup>th</sup> ANNUAL REUNION & SCIENTIFIC CONVENTION**

### **HONOREES**

- Class<sup>60</sup> (Emerald Jubilee)
- Class<sup>65</sup> (Golden Jubilee)
- Class<sup>90</sup> (Silver Jubilee)
- Class<sup>70</sup> (Sapphire Jubilee)
- Class<sup>75</sup> (Ruby Jubilee)
- Class<sup>80</sup> (Coral Jubilee)
- Class<sup>85</sup> (Pearl Jubilee)
- Class<sup>95</sup> (20<sup>th</sup> Anniversary)
- Class<sup>2000</sup> (15<sup>th</sup> Anniversary)
- Class<sup>2005</sup> (10<sup>th</sup> Anniversary)



### **CLINICAL PRACTICE ADVANCES 2015**

ACCME accreditation provided by  
the **PHILIPPINE MEDICAL ASSOCIATION in CHICAGO**

**July 8 - 11, 2015**

#### ***Caesar's Palace Las Vegas***

3555 Las Vegas Boulevard South, Las Vegas, NV 89109

**(866) 227-5944** or **(855) 901-0002**

FEU- NRMF School of Medicine group code **SCFEU5**

or via Caesar's Palace hotel website <https://resweb.passkey.com/go/SCFEU5>

Room rates **\$109** for Wednesday and Thursday, July 8 and 9, 2015, and

**\$169** for Friday and Saturday, July 10 and 11, 2015.

Cut-off date **Sunday June 7, 2015**

# REGISTRATION *for the 36<sup>th</sup> reunion*

<i>Name</i> _____	<i>Spouse</i> _____
<i>Address</i> _____	
<i>Practice</i> _____	
<i>Telephone</i> _____	<i>Email</i> _____
<i>Class</i> _____	

### REGISTRATION

	FEES	June 2	June 15	On-site
CME registration only [paid membership required] .....	\$ 200			\$ 225
<i>Latin Fiesta Las Vegas Style</i> Welcome Reception (WR) ...	50	60	70	100
Alumni Filipiniana Night Buffet <u>Dinner</u> Dance [per person] .	165	185	205	250
General Membership Luncheon (L) meeting [per person].....	50	60	70	100
36 <sup>th</sup> Annual Grand Reunion <u>Dinner</u> Dance [per person] .....	165	195	225	250
Annual membership (Am)* .....	60			
TOTAL .....	\$ _____	\$ _____	\$ _____	\$ _____

\*Am is a requirement for the CME, Welcome, Luncheon, Filipiniana and Saturday Reunion Dinner events.

To qualify for the discounted rate, register on or before Saturday, **June 2** and **June 15, 2015**.

Mail this form and your check payable to **FEUDNRSM Alumni Foundation**,

**Pete Florescio MD**, Executive Vice President/ Executive Director

**337 Elmhurst Place, Fullerton, CA 92835**

**Telephone 1-714-423-8811**

**Email [pflorescioofla@sbcglobal.net](mailto:pflorescioofla@sbcglobal.net)**

CME registration fee is waived to alumni who are in training or waiting for training program (please present documentation for waiver or send letter from your program director), 50% discount for alumni retired from medical practice. A service charge of **\$100** will also be withheld for refunds/withdrawals/ cancellation fee for cancellation requested after June 28, 2014 which is the deadline for registration. All refund requests must be made in writing on or before **June 23, 2015**

The above-mentioned registration fees are required for everyone, including the Jubilarians and other Class honorees. Only the CME speakers and presenters are exempted from the CME registration.

**Your cancelled check is your receipt.** Discounted rate is payment received on or before **June 15, 2015**. Unfortunately we do not accept credit card. We only accept cash payment for on site registration.

Due to strict "hotel policy" on banquet events it is advised to register on time. Late registrants may be served with different meal.

Visit our website <http://www.feu-alumni.com>